

Matthew Zamudio, Pastor, Windsor Park Baptist Church, Desoto Tx. January 5, 2020. All scriptures are printed verbatim with translations noted. Pew Bible: Page Selected Scriptures.

# Winning Over Worry

#### A REVIEW

Notes:

•The Command: No Anxiety

•The Reason: We Worry

•The Question: Why Worry?

•The Solution: Perspective

My Worry in 2020 is: _	 	 

## Important Truths About God

#### 1. HE <u>PURSUES</u> US

Deuteronomy 32:10a (ESV)-He found him in a desert land,

Luke 15:4 (ESV)-What man of you, having a hundred sheep, if he has lost one of them, does not leave the ninety-nine in the open country, and go after the one that is lost, until he finds it?

#### 2. HE PROTECTS US

Deuteronomy 32:10b (ESV)-and in the howling waste of the wilderness; he encircled him,

2 Thessalonians 3:3 (ESV)-But the Lord is faithful. He will establish you and guard you against the evil one.

#### 3. HE <u>CARES</u> FOR US

Deuteronomy 32:10c (ESV)- he cared for him, he kept him <u>as the apple of his eye</u>.

Matthew 10:30-31 (ESV)-<u>But even the hairs of your head are all numbered</u>. Fear not, therefore; you are of more value than many sparrows.

#### 4. HE STRETCHES US

Deuteronomy 32:11 (ESV)-<u>Like an eagle that stirs up its nest</u>, that flutters over its young spreading out its wings, catching them, bearing them on its pinions.

Hosea 11:3a (ESV)-Yet it was I who taught Ephraim to walk; I took them up by their arms,

### 5. HE GUIDES US

Deuteronomy 32:11-12 (ESV)-catching them, bearing them on its pinions, the Lord alone guided him, no foreign god was with him.

Isaiah 58:11 (ESV)-And the Lord will guide you continually and satisfy your desire in scorched places and make your bones strong

**Here Is The Point:** God cares for us, so we need not to worry!